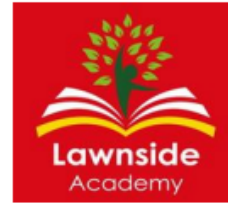


**Lawnside Academy**  
**Lawnside**  
**Biggleswade**  
**Bedfordshire**  
**SG18 0LX**

Tel: **01767 312313**  
Fax: **01767 316802**



**LSA-office@bestacademies.org.uk**  
[www.lawnsideacademy.org.uk](http://www.lawnsideacademy.org.uk)

Dear Parents and Carers,

We are consulting with parents and carers to make sure our new Relationships and Sex Education (RSE) curriculum and PSHE curriculum meets the government's requirements, as well as the needs of our pupils.

We have worked hard to make sure that our curriculum reflects:

- our pupils' age and maturity levels, as well as their cultural and religious backgrounds
- the values of our school community
- every pupil's learning needs
- what pupils need to know to be healthy and safe in school; in their personal relationships and the wider world.

You will find a copy of our RSE policy and curriculum attached to this letter. We have also made it available on our website.

### **RSE Policy**

<https://www.lawnsideacademy.org.uk/page/?title=Policies&pid=14>

### **PSHE and SRE curriculum**

<https://www.lawnsideacademy.org.uk/page/?title=PSHE+%26amp%3B+Values&pid=43>

To help you understand the curriculum requirements we need to meet, please take a look at the summary attached of what pupils are expected to know by the end of primary school.

We'd like your feedback on the proposed curriculum and policy and have included a survey for your feedback.

Thank you for your time and we look forward to hearing your feedback on our curriculum and policy.

Z Russell (PSHE Lead)

### **RSE Summary**

RSE stands for "relationships and sex education" and as part of [Relationships and Health Education](#), is a new approach to teaching children about relationships and health.

The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools. Sex education is not compulsory in primary schools.

All primary school children will be required to learn about relationships and health. Relationships and Health Education comprises two distinct areas:

- Relationships
- Physical health and mental wellbeing

Schools will have a lot of freedom to decide how to teach the [new curriculum](#) but must teach in a way that is:

- Appropriate for children's ages and development stage.
- Sensitive to the needs and religious backgrounds of the children in the school.

The new Relationships and Health Education 2020 curriculum is designed to:

- Help all children grow up healthy, happy and safe.
- Give all children the knowledge to make informed decisions about their wellbeing, health and relationships.
- Support all children to manage the challenges and opportunities of modern Britain.
- Prepare all children for a successful adult lives.

By the time a child finishes primary school, they will have been taught about the following in Relationships Education:

- Family and people who care for them.
- Caring friendships.
- Respectful relationships.
- Online relationships.
- Being safe.

### **Physical health and mental wellbeing in primary schools**

The physical health and mental wellbeing part of the new RSE curriculum will teach the children how to:

- Make good decisions about their own health and wellbeing.
- Recognise issues in themselves.
- Recognise issue in others.
- Seek support as early as possible when issues arise.

By the time children finish primary school, [they will have been taught about the following:](#)

- Mental wellbeing.
- Internet safety and harms.
- Physical health and fitness.
- Healthy eating.
- Facts about drugs, alcohol and drugs and the risks associated with them.
- Health and prevention of illness.
- Basic first aid.
- Changes to the adolescent body.

## **Survey questions**

**I think PSHE/ SRE is an important part of the curriculum.**

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

**I understand and agree with the content of the Sex and Relationships policy.**

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

**I am aware of the topics that will be covered by PSHE/ RSE sessions at Lawnside Academy.**

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

Are there any changes or additions you think should be made to the PSHE/ SRE policy or curriculum?

Is there anything we are not covering that you think we need to address?