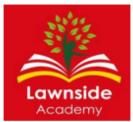
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BEST BEDFORDSHIRE SCHOOLS TRUST



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Wednesday 11th May 2022

Dear Parents / Carers,

Lawnside Academy pupils take to the streets for Walk to School Week (16 - 20 May 2022)

- Pupils at Lawnside Academy will join thousands of children across the UK to take to their feet for Living Streets' **Walk to School Week (16 20 May 2022)**.
- <u>Walk to School Week</u> takes place during Living Streets' National Walking Month each May, with this year's campaign focusing on the health and environmental benefits of walking to school.
- This year's challenge, #PowerUp, will engage pupils on how being active helps improve their health, happiness and local environment through video-game inspired design and resources.

Pupils at Lawnside Academy will join thousands of children across the UK to celebrate the benefits of walking during Walk to School Week (16 - 20 May 2022).

Walk to School Week is organised by Living Streets, the UK charity for everyday walking as part of their National Walking Month campaign each May.

Families are encouraged to walk, cycle, scoot or 'Park and Stride' for the whole week to see the big differences that come from small steps, from healthier and happier children to fewer cars outside the school gates. This year's challenge, #PowerUp, will engage pupils through video game-inspired design, encouraging them to travel sustainably to school every day of the week. Plus, at the end of the week each child who has travelled to school in a sustainable way will be in with a change to win a goodie bag!

Last year, a record number of over 350,000 pupils across the UK took part in Walk to School Week, with this year looking to be bigger than ever.

For more information, please contact: Kathryn Shaw, Communications and Media Manager, Living Streets. Kathryn.shaw@livingstreets.org.uk

Yours sincerely

Mr. Vince <u>PE Lead Teacher</u>