

Lawnside Academy - PSHCE Topic Overview



Term	PSHE Area	Autumn – Developing confidence and responsibility and making the most of their abilities.	Spring – Preparing to play an active role as citizens. Developing good relationships and respecting the differences between people.	Summer - Developing healthy safe lifestyle.
Year 1	SEAL	New Beginnings	Getting on Falling Out Going for Goals	Good to be Me Transition
	PSHCE	Importance of rules/ participation in school routine (3R's) Likes and dislikes Right and wrong Naming feelings – linking to experiences Acknowledging success Setting simple goals	How my behaviour affects others Co-operation with others Identifying and understanding/ respecting differences and similarities. Caring for family and friends Unkindness Knowing right and wrong.	Personal hygiene Naming parts of the body – arm, leg ect. Road safety People who help us keep safe Staying calm and relaxed.
	Values	Respect Responsibility Appreciation Thoughtfulness	Kindness Perseverance Happiness Unity	Resilience Pride Creativity
Year 2	SEAL	New Beginnings	Getting on Falling Out Going for Goals	Good to be Me Transition
	PSHCE	Importance of rules (3 R's) Fair/ unfair Feelings linked to coping strategies – exploring feelings Having opinions	Looking after the local environment. Needs of people and living things – physical/ emotional. Responsibility to others Belonging to group/ communities Why do we have money? Keeping money safe Wants and needs	Choices to improve health and well-being Controlling spread of illness Growth Dangers of medicines/ household products Handwashing
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Year 3	SEAL	New Beginnings	Getting on Falling Out Going for Goals	Good to be Me Transition
	PSHCE	Importance of Rules (3R's) Opinions and Viewpoints on current issues. Self-esteem Strengths and weaknesses Setting goals Managing uncomfortable feelings – disappointment Making wise choices	Awareness of others viewpoints Awareness of diversity of values, customs and home life Developing effective relationship skills. Awareness of consequences of teasing/ bullying – How to ask for help Differences/ similarities arising from cultural/ religious/ gender/ disability Recognise/ challenge stereotypes.	What affects our mental health? (Feelings) Reducing the spread of bacteria/ viruses Responsible behaviour – social skills. Road use
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Year 4	SEAL	New Beginnings	Getting on Falling Out Going for Goals	Good to be Me Transition
	PSHCE	Importance of Rules (3R's) Facing new challenges - PGL Future career aspirations and skill requirements Money awareness – importance of saving Setting goals.	Debate topical issues Importance of laws Consequences of actions on individual/ communities Responsibilities/ rights at home/ school/ community Money – charities/ planning – budgeting The real cost of chocolate – Fairtrade principles.	Strategies to deal with feelings Change – transition Peer pressure – unacceptable/ risky behaviour (techniques for resisting peer pressure) Looking after teeth Basic emergency first aid.
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